

# Islāmic Da'wah Academy, Leicester

## Important Guidelines for the I'tikāf of Ramadān 1446/2025 (Last 10 Days)



1. To perform i'tikāf at the IDA, please contact your **local/closest representative** to give your details. **To find out who your representative is**, please call the IDA office (0116 262 5440) between 3:20pm and 4:30pm.
2. Brothers who intend to carry out i'tikāf are requested to **assess their physical health prior to arriving for i'tikāf**. Brothers with ongoing or severe illnesses which require very specific dietary requirements, sleeping arrangements and washroom accessibility etc. are requested to **give priority to their health and not inconvenience themselves**.
3. Anyone who **does not log** their details with the respective representative by 19<sup>th</sup> Ramadān (Wednesday 19<sup>th</sup> March) **will only be able to participate in i'tikāf if there is space available**.
4. Brothers residing in **Leicester** must come to the IDA masjid in person and give their details after Tarāwih (between 10pm and 10:30pm) on any day up to 19<sup>th</sup> Ramadān (Wednesday 19<sup>th</sup> March). **Details on behalf of someone else will not be accepted**.
5. Please note that there are **no provisions for under 16's** to attend i'tikāf, even if they are accompanied by an adult. **Anyone who arrives with an under 16 will be politely informed to return home**.
6. In order to assist the smooth running of i'tikāf registration, brothers should start arriving from **11am on the 20<sup>th</sup> day of Ramadān (Thursday 20<sup>th</sup> March)**. Registration will start at 11am and continue until 5pm.
7. We only have limited spaces, so try to arrive as soon as possible. **Giving your details to the representative does not mean that your space is reserved**.
8. To benefit totally we humbly request you to **keep the following guidelines in mind** during your stay in i'tikāf:
  - a. During the full duration of i'tikāf, all mutakifeen will be expected to avoid interaction with other musallīs and fellow mu'takifin.
  - b. No collective gathering/halaqah allowed besides the programme schedule.
  - c. All mu'takifin will be given a set timetable which must be followed.
9. Mu'takifin will be expected to wear **Islamic clothing** throughout the 10 days.

10. During i'tikāf you will require three pairs of Islamic clothing, face and bath towel, toiletries, sleeping bag, miswāk, pen and pocket-size notebook.
11. Due to **space limitations** each person will be allocated a sleeping area of 7ft x 3ft. Please ensure bedding and luggage is appropriate to this area. As a guide, we recommend bedding 2.5ft in width and 5.5ft-6ft in length and baggage 1ft x 2.5ft (preferably soft baggage). **Strictly no inflatable mattresses allowed.**
12. As all meals and snacks will be provided, **please do not arrange** for any food or snacks to be brought with you or to you from home, any shops or takeaways (this includes all food, from snacks to main meals).
13. **No mobile phones or electronic devices will be allowed.** If you bring such device with you, you will be required to hand it in at the time of registration. Under no circumstances will you be able to keep/use your phone.
14. **In case of an emergency,** family members can call the dedicated emergency mobile number.
15. All personal tasks should be completed before arriving.
16. Due to the i'tikāf policy, **smoking, vaping etc. is strictly not allowed** during your stay.
17. Brothers are requested to **car share.**
18. If coming by car, please drop your belongings to the Masjid and then **park your car appropriately and at least 500m away from the IDA premises;** avoiding areas reserved for permit holders.
19. At the registration desk you will be required to **give the location of your car.** Please **make a note** of the area/street where you have parked. Parking is at your own risk.
20. For your own safety and peace of mind, **please leave all valuables at home.**
21. Please ensure you **take all your belongings back with you after your stay.** This includes bedding, toiletries, towels, jackets, jumpers, kitābs and Qur'āns. Any possessions left behind will be kept for 2 weeks and then given to charity if not claimed.
22. From time to time we will use your details with your consent to inform you of programmes and activities. We will not share your information with any other party. To see our privacy policy, please email [info@idauk.org](mailto:info@idauk.org).
23. **Anyone who is unable to comply** with the rules and regulations will be asked to leave.