

Safety from All Harms

Read the following du'ā morning and evening thrice

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ ، وَلَا
فِي السَّمَاءِ ، وَهُوَ السَّمِيعُ الْعَلِيمُ (أبو داود، الترمذي، ابن ماجه)

Translation: In the name of Allāh, with Whose Name nothing in the earth nor in the sky can do any harm. He is the All-Hearing, All-Knowing.

Virtue: Whoever reads this will be protected from sudden calamities and all harm.

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Upon Becoming Aware of Another's Affliction

Read upon seeing or coming to know of any person suffering from any affliction, be it an illness, hardship or even sin

الْحَمْدُ لِلَّهِ الَّذِي عَافَانِي مِمَّا ابْتَلَاكَ بِهِ، وَفَضَّلَنِي عَلَى
كَثِيرٍ مِمَّنْ خَلَقَ تَفْضِيلًا (الترمذي)

Translation: All praise is for Allāh, who has protected me from what He has afflicted you with, and has greatly favoured me over many of His creation.

Virtue: Whoever reads this has been promised protection from the same affliction for as long as he lives.

Imām Abū Ja'far Al-Bāqir ؑ advised not to recite it aloud in the presence of the afflicted; rather, one should recite it silently.

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